

Answers

Theme 2: We Need Food and Shelter Chapter 2: Food We Eat

Main Coursebook

Re-KAP

Kinaesthetic: Accept all relevant responses.

Auditory:

Breakfast: omelette

Lunch: roti and aloo curry

Dinner: appam and vegetable stew

Pictorial

Green: Pulses and grains, Potato, Banana, Carrot, Cabbage

Yellow: Eggs, Milk

Interacting better

1. Banana 2. Apple

Learning better

- A. 1. a 2. a 3. a
B. 1 and 2
C. 1. milk, eggs, fish, meat and pulses (Accept any two responses)
2. The food we eat is called our diet.
3. i) Brush your teeth every morning and night.
ii) Wash your hands before and after eating.

SEL

Accept all relevant responses.

Creating better

Accept all relevant responses.

Thinking better

If you always eat only one type of food, your body might not get everything it needs to stay strong and healthy. You could feel tired or sick because your body needs different kinds of foods to grow and feel good.

Choosing better

Answer: 2

Revising better

Accept all relevant responses.

Students' Worksheets

Worksheet 1

- A. 1. grow 2. energy 3. Fruits
4. raw 5. diet
B. 1. v 2. iii 3. i 4. ii 5. iv
C.

Body-building food: milk, eggs, pulses

Energy-giving food: sugar, butter, rice

Protective food: apples, bananas, brinjal

Worksheet 2

- A. 1. body-building 2. energy-giving
3. protective 4. junk
5. unhealthy
B. 1. iv 2. iii 3. i 4. v 5. ii
C. Accept all relevant responses. Possible answers:
1. Brush your teeth every morning and night.
2. Wash your hands before and after eating.
3. Eat a balanced diet.
4. Do not waste food.
5. Drink clean water.

Book of Holistic Teaching

Developing better

- A. **English**
1. box 2. Peach
B. **Maths**
 $40 + 34 = 74$

Answers

Theme 2: We Need Food and Shelter Chapter 3: All About Clothes

Main Coursebook

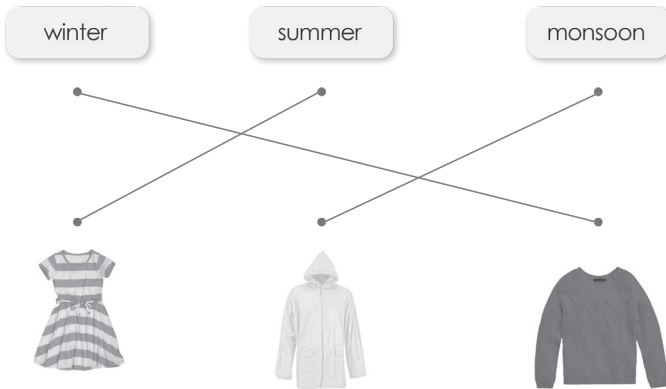
Re-KAP

Kinaesthetic: Accept all relevant responses.

Auditory:

1. A pink frock
2. Cotton

Pictorial:



Interacting better:

1. Sheep
2. Raincoat

Learning better

- A. 1. seasons
2. pods
3. sweaters
- B. 1. cotton
2. spinning
3. wool
- C. 1. A loom is used to make cloth.
2. The process of making cloth from thread is called weaving.
3. Winter

Creating better

Accept all relevant responses.

Thinking better

Accept all relevant responses.

Choosing better

Answer: 2

Revising better

Accept all relevant responses.

Students' Worksheets

Worksheet 1

- A. 1. seasons
2. threads
3. loom
4. weaving
5. sheep
- B. 1. S
2. W
3. W
4. C
5. C
- C. 1. clothes
2. leaves
3. summer
4. woollen clothes
5. cotton

Worksheet 2

- A. 1. clothes
2. winter
3. cotton
4. cloth
5. woollen clothes
- B. 1. F
2. T
3. T
4. T
5. T
- C. 1 and 4.

Book of Holistic Teaching

Developing better

A. English

1. Making cloth from thread is called weaving.
2. Wool is used to knit sweaters, caps and socks.

B. Maths

9 clothes

Answers

Chapter-4: Houses Around Us

Main Coursebook

Re-KAP

Kinaesthetic: Accept all relevant responses.

Auditory

1. Incorrect
2. Correct
3. Correct
4. Correct

Pictorial



Kitchen

Bathroom

Bedroom

Interacting better: Accept all relevant responses

Learning better

- A. 1. a 2. a 3. b
- B. 1. house 2. mud 3. floors
- C. 1. Pucca houses are houses made of bricks and cement.
2. mud, straw, dry leaves, bamboo, wood, brick, cement and stones. (Accept any two)
3. She lives in a stilt house.

Creating better

Accept all relevant responses.

Thinking better

Stilt houses have sloping roofs so rainwater can flow off easily and keep the house dry. The slope also helps the house stay cool by letting hot air escape and protects it from strong winds.

Choosing better

Answer: 1

Revising better

Accept all relevant responses.

Students' Worksheets

Worksheet 1

- A. 1. safe 2. floors 3. cities
4. Stilt 5. wheels
- B. 1. v 2. i 3. ii 4. iv 5. iii
- C. 1. caravan 2. big 3. villages
4. Igloos 5. wood/bamboo

Worksheet 2

- A. 1. Accept all relevant responses.
- B. 1. Huts 2. kachcha 3. stronger
4. towns 5. houses
- C. 1. T 2. T 3. F 4. F 5. T

Worksheet 3

- A. 1. cold 2. animals 3. house
4. caves 5. bricks
- B. 1. iii 2. i 3. iv 4. v 5. ii
- C. 1. bungalow 2. stilt house 3. houseboat
4. caravan 5. tent

Book of Holistic Teaching

Developing better

- A. **English**
1. boats 2. float 3. road
- B. **Maths**
- 80 (total flats) – 34 (flats in building A) = 46