

# Answers

## Theme 1: I Am Strong Chapter 1: Our Body

### Main Coursebook

#### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

#### Auditory:

1. sky, colours                      2. pear

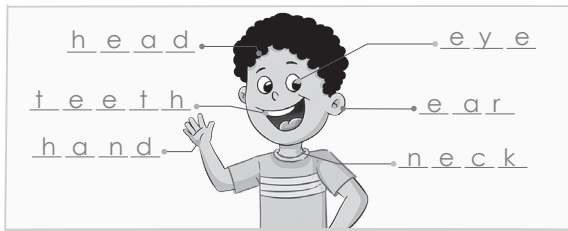
#### Pictorial:

nose, feet, eyes

**Interacting Better:** Eyes

#### Learning Better

- A. 1. b                      2. c                      3. b  
B.



- C. 1. We write, clap and hold things with our hands. (Accept any two responses.)  
2. Eyes, ears, nose, tongue and skin are our five sense organs.  
3. skin

#### SEL

Accept all relevant responses.

#### Creating Better

Answer: two eyes, two ears, one nose and one mouth

#### Thinking Better

Accept all relevant responses. Possible answer: No. When we have a cold our nose gets blocked. That is why we unable to smell things.

#### Choosing Better

Answer: 1.

#### Revising Better

Accept all relevant responses.

### Students' Worksheets

#### Worksheet 1

- A. 1. many                      2. two                      3. one  
4. ten                      5. two

- B. 1. F                      2. T                      3. T                      4. F                      5. T  
C. 1., 3. and 4.

#### Worksheet 2

- A. 1. HEAD                      2. MOUTH                      3. FINGER  
4. HAND                      5. FEET  
B. 1. one                      2. one                      3. two  
4. one                      5. ten  
C. 1. hands                      2. feet                      3. fingers  
4. nose                      5. tongue

#### Worksheet 3

- A. 1. five                      2. eyes                      3. ears  
4. skin                      5. nose  
B. 1. and 2.  
C. 1. F                      2. F                      3. T                      4. T                      5. T

### Book of Holistic Teaching

#### Developing better

- A. **English**  
1. bag                      2. hat                      3. ten  
B. **Maths:** Accept all relevant responses.

## Theme 2: I Dress Smartly Chapter 2: Our Clothes

### Main Coursebook

#### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

#### Auditory:

1. a raincoat                      2. new tie

**Pictorial:** red, blue, pink

**Interacting Better:** Raincoat

#### Learning Better

- A. 1. cover                      2. smart                      3. cotton  
4. rain                      5. winter  
B. 1. No                      2. No                      3. Yes                      4. Yes                      5. Yes  
C. 1. We wear clothes to cover our body.  
2. It is a rainy day.

#### Creating Better

Accept all relevant responses.

#### Thinking Better

Accept all relevant responses.

#### Choosing Better

Answer: 1.

#### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. body      2. hot      3. uniform  
4. summer      5. cotton
- B. 1. F      2. T      3. F      4. T      5. T
- C. 1. RAIN      2. SCHOOL      3. DOCTORS  
4. SUMMER      5. COOL

### Worksheet 2

- A. 1. Clean      2. Some      3. Cotton  
4. woollen      5. sheep
- B. 1. RAINCOAT      2. UNIFORM      3. COTTON  
4. WOOL      5. SHEEP
- C. 1. ii.      2. i.      3. iv.      4. v.      5. iii.

### Worksheet 3

- A. 1. Clothes      2. Clothes      3. protect  
4. clean      5. wears
- B. 1., 3. and 5.
- C. 1. and 4.

## Book of Holistic Teaching

### Developing better

- A. **English**  
1. pink      2. park
- B. **Maths**  
1. eighteen

### Theme 3: I Eat Healthy Chapter 3: Our Food

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

### Auditory:

fruits: apples and bananas

vegetables: carrots and spinach

### Pictorial:



3

1

2

**Interacting Better:** Accept all relevant responses.  
Possible response: apple, cherry, pomegranate

### Learning Better

- A. 1. b.      2. a.      3. b.

- B. 1. We eat food when we are hungry.  
2. We eat breakfast, lunch and dinner.  
3. Milk comes from animals.

### Creating Better

Accept all relevant responses.

### Thinking Better

Fruits and vegetables keep us healthy.

**Choosing Better:** Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. Food      2. strong      3. energy  
4. Fruits      5. Rice
- B. 1. F      2. F      3. F      4. T      5. T
- C. 1.

### Worksheet 2

- A. 1. clean      2. same      3. closed  
4. before      5. Rinse
- B. 1. iii.      2. iv.      3. v.      4. i.      5. ii.
- C. 3.

### Worksheet 3

- A. 1. healthy      2. grow      3. morning  
4. afternoon      5. night
- B. 4.
- C. Accept all relevant responses.

## Book of Holistic Teaching

### Developing better

- A. **English**  
1. Green      2. Grapes
- B. **Maths:** 10

### Theme 3: I Eat Healthy Chapter-4: Air

## Main Coursebook

### Re-KAP

### Kinaesthetic:

1. air      2. hot air

**Auditory:** clothes, leaves, kite

**Pictorial:** cold, hot

**Interacting Better:** WE NEED AIR

### Learning Better

- A. 1. air      2. wind      3. cool

- B. 1. F                      2. T                      3. T
- C. 1. When air moves, it is called wind.  
2. Fast and strong winds can cause a storm.  
3. air

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses. Possible answers: she should open the windows to let cool air come in; she should fan herself with a paper

### Choosing Better

Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. takes up                      2. can                      3. air  
4. tyre                      5. air
- B. 1. F                      2. T                      3. F                      4. F                      5. T
- C. 1., 4. and 5.

### Worksheet 2

- A. 1. football                      2. hot-air balloon  
3. swimming tube                      4. balloon  
5. tyre                      6. inflatable chair
- B. 1. FEEL                      2. WIND                      3. SPACE  
4. STORM                      5. BREATHE
- C. 1.

### Worksheet 3

- A. 1. space                      2. Air                      3. feel  
4. wind                      5. Plants
- B. 1. ii.                      2. i.                      3. v.                      4. iii.                      5. iv.
- C. Accept all relevant responses.

## Book of Holistic Teaching

### Developing better

- A. English  
1. kite                      2. campsite
- B. Maths: 4

## Theme 3: I Eat Healthy Chapter-5: Water

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

**Auditory:** water

### Pictorial:



**Interacting Better:** Accept all relevant responses.

### Learning Better

- A. 1. T                      2. F                      3. T
- B. fish, cat, plant and baby
- C. 1. We need water to cook food, wash fruits and vegetables, bathe, wash clothes and grow crops. (Accept any two responses.)  
2. You will water it.

### Creating Better

Accept all relevant responses.

### Thinking Better

If we did not have enough water, it would be very hard to live. Plants, animals, and people all need water to stay healthy and happy. To save water, we can do simple things like turning off the tap while brushing our teeth, telling an elder when we find a leaking tap and bathing using a mug and a bucket.

### Choosing Better

Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. water                      2. water                      3. water  
4. waste                      5. many
- B. 1. T                      2. T                      3. F                      4. F                      5. T
- C. 3. and 4.

### Worksheet 2

A.

L	R	A	I	N	O	O	K	B
D	L	R	L	L	M	T	Z	K
B	A	T	H	E	G	E	D	N
Q	M	I	E	R	E	G	O	E
A	C	W	D	R	I	N	K	C
P	N	O	R	C	W	A	S	H
J	H	W	A	S	H	S	S	O
S	A	G	N	A	S	H	D	Z
A	L	B	K	R	P	O	N	D

- B. 1. life                      2. waste                      3. drink  
 4. wash                      5. rain  
 C. 1. F                      2. F                      3. T                      4. T                      5. T

## Book of Holistic Teaching

### Developing better

#### A. English

1. jug                                      2. Sun

#### B. Maths: 10

## Theme 4: I Live Happily Chapter-6: Our Family

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

### Auditory:

1. Papaji                                      2. farming  
 3. yes                                      4. Teta

**Pictorial:** Accept all relevant responses.

### Interacting Better:

Accept all relevant responses.

### Learning Better

- A. 1. family                      2. joint                      3. fun  
 B. 1. parents                      2. small                      3. children  
 C. 1. In some families, parents, children and grandparents live together in one house. This is called a large family.  
 2. Accept all relevant responses.  
 3. Annie lives in a small family.

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses.

### Choosing Better

Accept all relevant responses.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. father                      2. small                      3. Large  
 4. joint                      5. festivals  
 B. 1. F                      2. F                      3. F                      4. T                      5. T  
 C. 1. iv.                      2. v.                      3. i.                      4. iii.                      5. ii.

### Worksheet 2

- A. 1. parents                      2. Grandparents  
 3. aunts                      4. aunts  
 5. together  
 B. 1. T                      2. T                      3. F                      4. F                      5. T  
 C.

C	T	F	X	T	B	O	O	K	W	X	A
Z	X	A	Z	S	M	L	M	T	Z	U	F
W	Z	T	L	U	O	C	H	E	Z	N	E
X	F	H	M	Z	T	C	E	G	F	C	B
T	E	E	C	H	H	R	F	R	E	L	A
M	B	R	Y	K	E	K	T	H	B	E	R
S	A	D	E	S	R	O	T	E	A	T	C
G	R	A	N	D	P	A	R	E	N	T	S
V	B	A	L	C	H	A	U	N	T	L	U

### Worksheet 3

- A. 1. children                      2. children                      3. cousins  
 4. together                      5. uncles  
 B. 1. parents                      2. small family  
 3. large family                      4. joint family  
 5. Cousins  
 C. 1. T                      2. T                      3. F                      4. T                      5. F

## Book of Holistic Teaching

### Developing better

#### A. English

1. tells                                      2. plays                                      3. talks

#### B. Maths: fifty

## Theme 4: I Live Happily Chapter-7: Our Home

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

**Auditory:** kitchen, bedroom and living room

### Pictorial:

- a. kitchen                      b. bathroom                      c. bedroom

**Interacting Better:** Accept all relevant responses.

### Learning Better

- A. 1. Sun                                      2. roof                                      3. kitchen  
 B. 1. T                                      2. F                                      3. F  
 C. 1. A house protects us from the Sun, wind and rain.  
 2. We sleep in the bedroom.  
 3. Ravi and his family live in a house.

### Creating Better

Accept all relevant responses.

### Thinking Better

The floor is at the bottom of the house.

### Choosing Better

Answer: 1. and 3.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. Sun, wind, rain, wild, safe  
B. 1. T      2. F      3. T      4. T      5. F  
C. 1. DOOR      2. ROOF      3. HOUSE  
4. WALLS      5. WINDOWS

### Worksheet 2

- A. 1. roof      2. living room      3. cook food  
4. bathroom      5. bedroom  
B. 1. iv.      2. v.      3. ii.      4. i.      5. iii.  
C. 1. BEDROOM      2. KITCHEN  
3. BATHROOM      4. LIVING ROOM  
5. SITTING ROOM

### Worksheet 3

- A. 1. house      2. windows      3. windows  
4. safe      5. kitchen  
B. 1. F      2. F      3. T      4. F      5. T  
C. Accept all relevant responses.

## Book of Holistic Teaching

### Developing better

- A. English  
1. rose      2. hands  
B. Maths: forty

## Theme 5: I Learn Well Ch-8: Our School

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

### Auditory:

1. blackboard/green board
2. schoolbag

### Pictorial:



**Interacting Better:** Accept all relevant responses.

### Learning Better

- A. 1. play      2. chair      3. chalk  
B. 1. books      2. write  
3. good      4. blackboard  
C. 1. Jas learns:  
• to read and write.  
• to draw, colour and paint.  
• good habits and good manners  
• play and sharing things with his friends.  
(Accept any two responses.)  
2. Accept all relevant responses.  
3. The students throw pencil shavings, wrappers and scraps of paper in the dustbin. They clean their desks at the end of each day. This is how they keep their classroom clean.

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses.

**Possible Answer:** Students wear a uniform to school because it makes everyone look the same.

### Choosing Better

Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. uniform      2. crayons      3. Teachers  
4. good      5. blackboard  
B. 1. C      2. C      3. C      4. C  
5. C      6. NC  
C. 1. T      2. T      3. F      4. T      5. F

### Worksheet 2

- A. Accept all relevant responses. Possible answer:  
1. notebooks      2. textbooks  
3. lunchbox      4. crayons  
5. water bottle  
B. 1. SCHOOL      2. TEACH  
3. DRAW      4. FRIENDS  
5. BLACKBOARD  
C. 1., 2. and 4.

## Book of Holistic Teaching

### Developing better

#### A. English

1. crayons                      2. crown

#### B. Maths: 8

### Theme 5: I Learn Well Ch-9: Day and Night

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

**Possible answers:** Day: go to school, play

Night: eat dinner, go to bed

**Auditory:** Answer: Sun, birds and kite

**Pictorial:** Answers: kitchen, night

### Interacting Better

1. star                              2. owl

### Learning Better

- A. 1. Sun                      2. Moon                      3. east  
B. 1. Sun                      2. Moon                      3. stars  
C. 1. The Sun looks small to us as it is far away from us.  
2. Accept all relevant responses.  
3. Moon and stars

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses.

### Choosing Better

Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. day                      2. shape                      3. light  
4. stars                      5. rises  
B. 1. D                      2. N                      3. N                      4. N                      5. N  
C. 1. F                      2. F                      3. T                      4. T                      5. T

### Worksheet 2

- A. 1. WARM                      2. SHAPE                      3. STARS  
4. EAST                      5. NIGHT  
B. Accept all relevant responses.  
C. 1., 2. and 3.

## Book of Holistic Teaching

### Developing better

#### A. English

1. greets                      2. feel                      3. see

#### B. Maths: 20

### Theme 6: I Stay In Unity Ch-10: Our Neighbourhood

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

### Auditory:

1. neighbourhood park  
2. market  
3. metro station

### Pictorial:



### Interacting Better

1. school                              2. market

### Learning Better

- A. 1. neighbours                      2. market                      3. post office  
B. 1. T                              2. F                              3. T  
C. 1. Accept all relevant responses.  
2. Rina's father will take her to the hospital.

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses. Possible answer: Neighbours help us in times of need.

### Choosing Better

Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. neighbours                      2. bus stop                      3. school  
4. post office                      5. park  
B. 1. T                              2. T                              3. T                              4. F                              5. F

- C. 1. school      2. market      3. post office  
4. police station      5. hospital

### Worksheet 2

- A. 1. neighbourhood      2. school  
3. market      4. buy  
5. park  
B. 1. PARK      2. MARKET      3. SCHOOL  
4. HOSPITAL      5. NEIGHBOURHOOD  
C. 1. T      2. F      3. T      4. F      5. F

## Book of Holistic Teaching

### Developing better

- A. English  
1. gift      2. lady  
B. Maths: 15

## Theme-6: I Stay In Unity Ch-11: Our Helpers

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

### Auditory:

1. househelp  
2. by offering her a glass of water

**Pictorial:** delivery man, packages, security guard, building, gardener, garden

### Interacting Better

Accept all relevant responses.

### Learning Better

- A. 1. b.      2. c.      3. a.  
B. 1. teacher      2. doctor      3. farmer  
C. 1. A teacher helps us learn and become good human beings.  
2. farmers

### SEL

Accept all relevant responses.

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses.

### Choosing Better

Answer: 1.

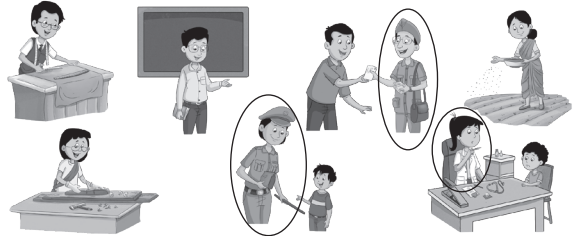
### Revising Better

Answer: Yes.

## Students' Worksheets

### Worksheet 1

- A. 1. doctor  
2. postman/postwoman  
3. policeman/ policewoman  
4. farmer  
5. carpenter  
B. 1. F      2. T      3. F      4. T      5. T  
C.



### Worksheet 2

- A. 1. teach kids  
2. treat sick people  
3. police station  
4. stitch clothes  
5. A cobbler makes and mends shoes.  
B. 5.  
C. 1. ii.      2. i.      3. v.      4. iii.      5. iv.

## Book of Holistic Teaching

### Developing better

- A. English  
A. 1. rice      2. sick  
B. Maths: 25

## Theme 6: I Stay In Unity Ch-12: Our Festivals

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

### Auditory:

Answer: Christmas

### Pictorial:



Diwali

Republic Day

Pongal





Eid



Holi



Ugadi

### Interacting Better

Accept all relevant responses.

### Learning Better

- A. 1. special      2. mosque      3. Onam  
 B. 1. F      2. T      3. F  
 C. 1. On Eid, we go to a mosque to pray. We meet our relatives and friends. We hug them and say, "Eid Mubarak!" We eat a sweet dish called sewain.  
 2. Christmas

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses. Possible answer: On festivals, families, friends and neighbours come together to celebrate. This is what brings them together.

### Choosing Better

1. No      2. Yes      3. Yes      4. Yes

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. special      2. fun      3. lights  
 4. Lakshmi      5. Houses  
 B. 1. Eid      2. Onam  
 3. Diwali      4. Gurupurab  
 C. 1. F      2. T      3. T      4. T      5. F

### Worksheet 2

- A. 1. pray      2. Eid      3. sewain  
 4. old      5. Eid  
 B. 1. DIWALI      2. EID      3. GURUPURAB  
 4. CHRISTMAS      5. PONGAL  
 C. 1. F      2. T      3. T      4. F      5. T

## Book of Holistic Teaching

### Developing better

- A. **English**  
 1. greet      2. lamps      3. gurdwara  
 B. **Maths**  
 $5 \times 4 = 20$

## Theme 7: I Grow Plants Ch-13: Our Plants

### Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

**Auditory:** fruit, leaf, stem and flower

### Pictorial:



### Interacting Better

Accept all relevant responses.

### Learning Better

- A. 1. trees      2. fruits      3. seeds  
 B. 1. c.      2. a.      3. b.  
 C. 1. coconut and mango  
 2. air, water and sunshine  
 3. money plant

### SEL

Accept all relevant responses.

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses. Possible answer: It is important to take care of plants because they keep the air clean and make our world colourful.

### Choosing Better

Answer: 2.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. colourful      2. clean      3. different  
 4. tall      5. short  
 B. 1. T      2. T      3. S      4. T      5. S  
 C. 1. F      2. F      3. T      4. F      5. T

### Worksheet 2

- A. 1. rose      2. trees      3. weak  
 4. cannot      5. seed  
 B. 1. LEAVES      2. TREES      3. THORNS  
 4. FLOWERS      5. SEEDS  
 C. 1. T      2. F      3. F      4. F      5. T



## Book of Holistic Teaching

### Developing better

#### A. English

1. rose 2. pole

#### B. Maths: centimetres

### Theme-7: I Grow Plants Ch-14: Types of Days

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

**Auditory:**

It is summer. Lina is wearing cotton clothes.

**Pictorial:**



### Interacting Better

Accept all relevant responses.

### Learning Better

- A. 1. T 2. F 3. T  
B. 1. c. 2. a. 3. b.  
C. 1. On windy days, winds blow strongly.  
2. The clouds keep the Sun's heat away from us. So, cloudy days are cool.  
3. It is a cold day.

### Creating Better

Accept all relevant responses.

### Thinking Better

1. We drink these to keep warm.  
2. We like having ice cream and juice in summer because these keep us cool.

### Choosing Better

Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. weather 2. cotton 3. cold  
4. raincoat 5. cool  
B. 1. T 2. T 3. F 4. F 5. F  
C. 1. ii. 2. i. 3. iv. 4. v. 5. iii.

### Worksheet 2

- A. 1. eat 2. summer 3. summer  
4. winter 5. cold wind  
B. 1. F 2. T 3. F 4. F 5. F  
C. 1. SUN 2. MANGO 3. APPLE  
4. SUMMER 5. WINTER

## Book of Holistic Teaching

### Developing better

#### A. English

1. apple 2. puppy

#### B. Maths: rectangle

### Theme-8: I Care For Animals Ch-15: Our Animals

## Main Coursebook

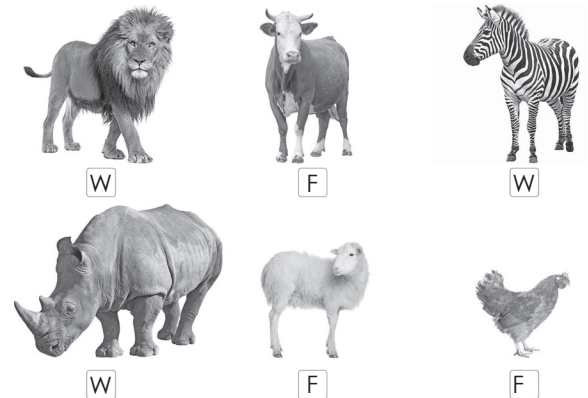
### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

**Auditory:**

1. monkey 2. hen 3. crow

**Pictorial:**



### Interacting Better

Accept all relevant responses.

### Learning Better

- A. 1. a. 2. a. 3. a.  
B. 1. mouse 2. wings 3. honeybee  
C. 1. goat, rabbit, cat, mouse (Accept any two responses.)  
2. monkey, squirrel, crow, koala (Accept any two responses.)  
3. squirrel

### Creating Better

Accept all relevant responses.

### Thinking Better

- a. rhino b. rabbit c. giraffe

- d. kangaroo   e. zebra   f. camel  
g. tiger   h. elephant

### Choosing Better

Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. big   2. big   3. small  
4. small   5. small  
B. 1. F   2. T   3. T   4. T   5. F  
C. 1. iii.   2. i.   3. ii.   4. v.   5. iv.

### Worksheet 2

- A. 1. an insect   2. a bird   3. an insect  
4. a bird   5. a bird  
B. 1. CROW   2. OCTOPUS   3. TURTLE  
4. TIGER   5. SQUIRREL  
C. 1. iv.   2. i.   3. v.   4. ii.   5. iii.

## Book of Holistic Teaching

### Developing better

#### A. English

1. Fish   2. shoes

#### B. Maths: 3

## Theme-8: I Care For Animals Ch-16: Our Animal Friends

## Main Coursebook

### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

### Auditory:

wild animals: lion, tiger, elephant

domestic animals: cow, cat, chicken, sheep, dog

farm animals: cow, chicken, sheep

### Pictorial:



### Interacting Better

Accept all relevant responses.

### Learning Better

- A. 1. wild   2. fields   3. coop  
B. 1. F   2. W   3. P   4. W  
C. 1. Cows, bullocks, horses, hens and ducks are farm animals. (Accept any three responses.)  
2. We should give our pets fresh food and clean water. We should keep our pets clean. We should take our pets to a doctor when they fall ill. (Accept any two responses.)  
3. giraffe

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses.

### Choosing Better

Answer: 1.

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. giraffe   2. Sheep   3. Cows  
4. Bullocks   5. coop  
B. 1. T   2. T   3. F   4. F   5. F  
C. 1. ii.   2. i.   3. v.   4. iv.   5. iii.

### Worksheet 2

- A. 1. farm   2. wild   3. Domestic  
4. useful   5. Camels  
B. 1. DOG   2. SHEEP   3. HEN  
4. KANGAROO   5. DUCK  
C. 1. ii.   2. v.   3. iv.   4. iii.   5. i.

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#### A. English

1. huge   2. cute

#### B. Maths: Accept all relevant responses.

## Theme-9: I Keep Safe Ch-17: All About Safety

## Main Coursebook

### Re-KAP

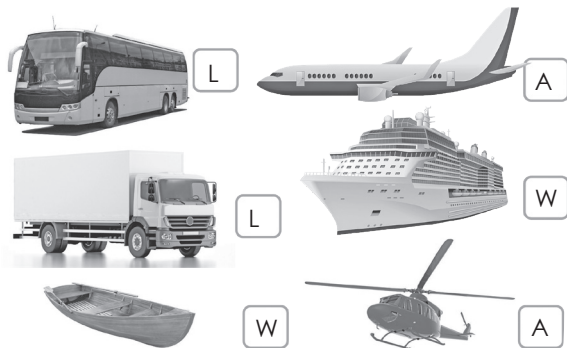
**Kinaesthetic:** Accept all relevant responses.

**Auditory:** air transport: aeroplane, helicopter

water transport: boat, yacht, ship

land transport: train, car, truck

## Pictorial:



## Interacting Better

Accept all relevant responses.

## Learning Better

- A. 1. hot objects 2. footpath 3. not safe  
B. 1. CANDLE 2. PARK 3. FOOTPATH  
C. 1.

- Do not play with candles, matchboxes and sharp objects.
- Stay away from electrical points, plugs, hot objects and gas stoves.
- If you get hurt, inform your parents at once. (Accept any two responses.)

2. a helmet

## Creating Better

Accept all relevant responses.

## Thinking Better

Accept all relevant responses. Possible answer: Traffic lights are always placed high so that even vehicles that are far away can see it.

## Choosing Better

Answer: 2.

## Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. should not 2. park 3. wait  
4. zebra crossing 5. alone  
B. 1. T 2. T 3. T 4. F 5. T  
C. 1. safe 2. unsafe 3. unsafe  
4. unsafe 5. safe

### Worksheet 2

- A. 1. careful 2. sharp objects  
3. should not 4. park 5. always  
B. 1. SPILL 2. SAFE 3. FOOTPATH  
4. GREEN 5. LEAN

- C. 1. iv. 2. iii. 3. i. 4. v. 5. ii.

## Book of Holistic Teaching

### Developing better

#### A. English

1. dirty 2. bad

#### B. Maths: one hundred and five

## Theme-9: I Keep Safe Ch-18: Being Healthy

## Main Coursebook

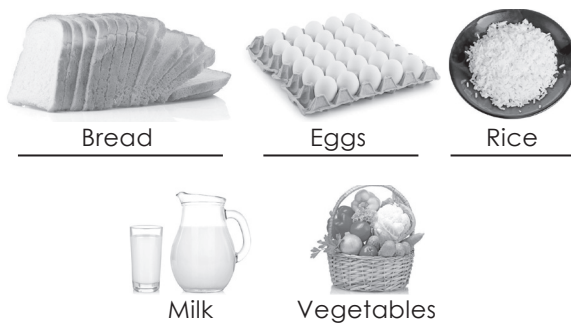
### Re-KAP

**Kinaesthetic:** Accept all relevant responses.

### Auditory:

healthy food items: milk, fruits, bread, vegetables, rice, potato

### Pictorial:



## Interacting Better

Accept all relevant responses.

## Learning Better

- A. 1. teeth 2. Playing/Doing yoga  
3. eight  
B. 1. T 2. F 3. T  
C. 1. We must:  
• brush our teeth in the morning and at night.  
• wash our hands before and after eating, after using the toilet and after playing outdoors.  
• bathe every day.  
• use a clean towel to wipe ourselves and wear clean clothes. (Accept any two responses.)  
2. Accept all relevant responses. Possible answer: Exercise makes us healthy, fit and strong. Playing and doing yoga are good exercises. It is better to play outdoors. Walking, running and swimming are also good for health.

3. To be healthy, we should eat healthy food. Food helps us grow. It also gives us energy. We must also drink clean water.

### Creating Better

Accept all relevant responses.

### Thinking Better

Accept all relevant responses. Possible answer: We will fall sick as dirty hands have germs. If we eat with dirty hands, the germs go into our body.

### Choosing Better

1. Yes                      2. Yes

### Revising Better

Accept all relevant responses.

## Students' Worksheets

### Worksheet 1

- A. 1. fit                      2. brush                      3. healthy  
4. health                      5. sleep

- B. 1. F                      2. T                      3. T                      4. F                      5. F  
C. 1. ii.                      2. iv.                      3. v.                      4. iii.                      5. i.

### Worksheet 2

- A. 1. every day                      2. Exercise                      3. health  
4. sleep                      5. drink  
B. 1. yes                      2. no                      3. no                      4. yes                      5. yes  
C. 1. should                      2. should                      3. should not  
4. should                      5. should not

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- A. **English**  
1. frock                      2. frame  
B. **Maths:** Accept all relevant responses.